

SABBATH REFLECTION QUESTIONS

“IN THE MORNING, WHILE IT WAS STILL VERY DARK, HE GOT UP AND WENT OUT TO A DESERTED PLACE, AND THERE HE PRAYED.” MARK 1:35

HOW DID I SPEND MY TIME? WHAT HAS BEEN LIFE-GIVING? LIFE-DRAINING?

WHAT ARE THE HOPES AND DESIRES I WANT TO BRING TO GOD?

WHAT MIGHT GOD BE TELLING ME?

WHAT HAS THE LAST 6 DAYS HELD FOR ME? IN A FEW WORDS OR PHRASES, DESCRIBE HOW YOU ARE PRESENTLY DOING.

HOW HAVE I SEEN GOD MOVE? HOW HAVE I EXPERIENCED GOD?

WHAT ARE THINGS PRESENTLY OCCUPYING MY MIND & HEART? HOW HAS GOD ANSWERED MY PRAYERS?